



**Title:** Stop Living the Lie

**Text:** "For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. (5) We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ," 2 Cor. 10:4-5

**Target:** Fake it till you make it doesn't work if you feel fake and you don't think you will ever make it. (Imposter Syndrome- I.S.)

**I. The \_\_\_\_\_ of Imposter Syndrome:** The disconnection between the responsibility you have been given or the status stated and the internal dialogue of how you are perceived.

**II. The \_\_\_\_\_ of Imposter Syndrome:** "Then Samuel took the horn of oil and anointed him in the midst of his brothers. And the Spirit of the Lord rushed upon David from that day forward" (1 Sam. 16:13)

- Do you mistrust the compliments people give you?
- Do you feel unworthy of success?
- Do you feel persistent self doubt?
- Do you underestimate your contributions?
- Do you criticize yourself even after others give you praise?
- Do you have a fear of being exposed?

**III. The \_\_\_\_\_ of Imposter Syndrome:** The underlying low view of self, leads to an obvious small view of God, which either causes you to either **prove to people, please people, or pacify people.**

**A. Perform to prove people wrong:** (prove or please)

1. You become the Perfectionist.
2. You must be the Expert.
3. You must hustle Harder.

**B. Undersell yourself to lower Expectation:** (pacify)

1. You opt out or procrastinate not to fail.
2. You recommend others to minimize disappointment.

**IV. The \_\_\_\_\_ of Imposter Syndrome:** "Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is." Eph. 5:15-17

- A. True Identity is never Actualized.**
- B. Calling is never Realized.**
- C. Giftings aren't Maximized.**
- D. Impact & Influence is Minimized.**

**V. The \_\_\_\_\_ against Imposter Syndrome:** "Behold, a voice from heaven said, This is my beloved Son, with whom I am well pleased." (Matthew 3:17)

- A. Your Identity is in Christ:** Philippians 3:7
- B. You're His Workmanship:** Ephesians 2:10
- C. Your Weakness doesn't disqualify you:** 2 Cor. 12:9
- D. You're in God's Providence:** Romans 8:29-30

**VI. The \_\_\_\_\_ of Imposter Syndrome:** "For God gave us a spirit not of fear but of power and love and self control" (2 Timothy 1:7)

- A. Separate feelings from Fact:** 2 Cor. 10:5 (T.H.I.N.K.)
- B. Stop Self Sabotage & Accept Praise:** 1 Thess. 5:11
- C. Embrace Failure & Grow from it:** "Failure is only the opportunity to begin again more intelligently." Henry Ford
- D. Your in God's Providence:** 1 Tim. 6:12

**Takeaway:** Victory isn't about believing in our achievements and skills - it's about recognizing who and what we have in Christ. (Luke 5:1-11)



Believing what God believes about you

WHY NOT YOU?

**HAPPY FATHER'S DAY!**

On this special day, we honor the fathers and men of the house for their love, guidance, and strength. In recognition of their impact, donations have been made to various prison ministries including, Worthy People, We The Kingdom, and Kairos Prison Ministry, to invest in men and go after the one, no matter where they are in life. We thank God for our CBC Men and their example of faith and service. **Happy Father's Day!**

**UPCOMING SPECIAL EVENTS:**

**HIGH SCHOOL STUDENT CAMP | JUNE 25-29**

CBC Student Camp is centered around Jesus. High school students and their leaders get away during summer break to gather together for an intentional time of worship, teaching and building community. Not to forget – tons of competitive fun during Squad Wars. Our prayer is that camp would be an integral part in equipping students to know and follow Jesus better. Registration and more information at website below.

**YOUNG ADULTS GATHERING | JUNE 17 AT 6:30 PM**

Save the date! Once a month is our monthly Young Adults Gathering. If you, or someone you know, are between the ages of 25 and 35, we would love for you to join us. Gather with a collection of young adults committed to journeying through adulthood God's way. Join us in Central at 6:30 pm. Childcare is available with registration.

**WOMEN'S SUMMER SOCIAL | JUNE 24 AT 6:30PM**

The Women's Summer Social is a gathering for women to come together as a large community to enjoy an encouraging evening of engaging worship, strong Bible teaching, and fun! Don't miss this time to gather together and be strengthened in your walk with Jesus! This is a FREE event (dinner not included.) This event is for women of all ages (12 years and older must be accompanied by a parent/guardian). Food trucks available to purchase dinner starting at 5:00 pm, program begins at 6:30 pm.

*Note: CBC Kids Club pre-registration will be available on June 17, and has a limited capacity on a first-come, first-served basis.*

**CHAMPION PLAZA THRIFT STORE | JUNE 29 AT 9:00 AM**

Clean out your closets and bring your gently used clothing to support our upcoming thrift store at Champion Plaza! Let's make a difference together! (Please, no furniture or equipment.) We will be accepting donations from 9:00 AM to 12:00 PM, here at the CBC Central Campus.

**For more information & to register CBC events, visit [communitybible.com/events](http://communitybible.com/events)**

**DID YOU KNOW...**

Did you know that we have CBC Kids available for infants through fifth grade during all of our weekend services? We have teachers ready to play, love and care for your children. Visit the Family Check-in area or ask any of our team in the yellow shirts for assistance.

**NEW BELIEVERS & FIRST TIME GUESTS:**

If you have accepted Jesus as your Savior, we'd like to celebrate with you! Text 'CHRIST' to 210-762-4747. If you are visiting for the first time, we want to welcome you! Stop by any yellow Connects kiosks for a free gift or text 'GUEST' to 210-762-4747 so we can reach out to you at a later time.

**NEEDING PRAYER?**

We have a pastoral team at our CBC Cares area in the lobby ready to pray with you, or you can scan this QR code to fill out a prayer request form.

PRAYER REQUEST FORM 

GIVE THROUGH CBC 

FEAR NOT GOD IS WITH YOU! Isai 41:1

I AM LOVED John 3:16

@cbcsocial   